

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Alternate Entree Choices: Pizza Stackers Lunch Box - Ham Sandwich - PB&J Sandwich - Chef Salad				
2 Nachos w/ Cheesy Beef Dip Refried Beans w/ Cheese	3 Meatball Sub Mashed Potatoes	4 Cheese-Stuffed Breadsticks Green Beans <i>Meal Bonus: Cookie</i>	5 Chicken Tenders w/ Mac & Cheese Broccoli w/ Cheese	6 BBQ Pulled Pork Sliders Crinkle Cut Fries
9 Chicken Nuggets w/ Soft Pretzel Stick Broccoli w/ Cheese	10 Pepperoni Pizza Rippers Green Beans	11 Chicken Patty Sandwich Potato Smiles <i>Meal Bonus: Cookie</i>	12 Mini Corn Dogs Baked Beans	13 Chicken Quesadilla Corn
16 Hot Dog or Coney Dog Baked Beans	17 Popcorn Chicken w/ Biscuit Broccoli w/ Cheese	18 Hamburger or Cheeseburger French Fries <i>Meal Bonus: Cookie</i>	19 Biscuit & Gravy w/ Sausage Tator Tots	20 Pizza (Cheese or Pepperoni) Green Beans
23 Nachos w/ Cheesy Beef Dip Refried Beans w/ Cheese	24 Meatball Sub Mashed Potatoes	25 Cheese-Stuffed Breadsticks Green Beans <i>Meal Bonus: Cookie</i>	26 Chicken Tenders w/ Mac & Cheese Broccoli w/ Cheese	27 BBQ Pulled Pork Sliders Crinkle Cut Fries
30 Chicken Nuggets w/ Soft Pretzel Stick Broccoli w/ Cheese				

What makes a MEAL?

Choose **3-5 meal components** to build a healthy, reimbursable meal for \$2.30!
Meal Components:
Protein - Grain - Vegetable - Fruit - Milk
All **entrees** include:
Protein + Grain

Complete a meal with up to TWO fruit choices & TWO vegetable choices every day!

Daily Fruits Offered*:
*-At least 2 fresh options
-Up to 1 canned option*

Daily Veggies Offered*:
*-At least 2 fresh options
-At least 1 cooked option*

*Only entrees and one vegetable choice are listed on the menu to allow for staff creativity!

Packing a lunch? Leave the sides to us!

Skip the entree - grab a milk with up to 2 fruits and 2 veggies!
(Paid/free/reduced meal prices apply.)

Daily Alternate Entree Choices

TRY ME! **Pizza Stackers Lunch Box**
*Stack'em high with crispy pita chips, mozzarella cheese, pizza sauce, and pepperoni
If you like Lunchables, you'll LOVE this!*

Chef Salad
Romaine & spinach blend topped with ham, fresh veggies, and shredded cheese

PB&J Sandwich
Creamy peanut butter sandwich + grape jelly on the side

Ham & Cheese Sandwich
Back by popular demand!

PRICING:

BREAKFAST		LUNCH	
Paid Meal	\$1.60	Paid Meal	\$2.30
Reduced Meal	\$0.30	Reduced Meal	\$0.40
		Adult Meal	\$3.50
Breakfast served between 8:10am-8:25am in cafeteria		Milk (a la carte)	\$0.60
		Entree (a la carte)	\$1.65

- PAYMENT OPTIONS:**
- Every student has a cafeteria account.
 - All meals must be paid in advance in order to keep service as fast and efficient as possible.
 - Payments can be made by check/cash (put in envelope with child's name clearly marked) & turned in to classroom teacher.
 - Payments can also be made online for **FREE** at www.EZSchoolPay.com
 - Use EZSchoolPay.com to track purchase history and payment history!

For more information about SMCS Nutrition Services and access to additional menus, visit www.smcs.com/nutrition.

This institution is an equal opportunity provider.

FREE water available for EVERY student