

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|---|---|---|--|---|
| Daily Alternate Entree Choices: Pizza or Yogurt Stackers Lunch Box - Ham Sandwich - PB&J Sandwich - Popcorn Chicken Salad |   |   |  |   |
| 3<br><b>Labor Day</b><br><br>SCHOOLS CLOSED   | 4<br>Teriyaki Chicken Fried Rice<br>Broccoli w/ Cheese      | 5<br>Hamburger or Cheeseburger<br>French Fries<br><br><i>Meal Bonus</i>                       | 6<br>Crispy Chicken Patty Sliders<br>Baked Beans           | 7<br>Calzone (Ham & Cheese or Pepperoni)<br>Corn  |
| 10<br>French Toast Sticks w/ Sausage<br>Tator Tots  | 11<br>Soft Tacos<br>Broccoli w/ Cheese                      | 12<br>Chicken Patty Sandwich (Regular or Spicy)<br>Crinkle Cut Fries<br><br><i>Meal Bonus</i> | 13<br>Chicken & Noodles w/ Roll<br>Mashed Potatoes         | 14<br>Mini Corn Dogs<br>Baked Beans               |
| 17<br>Fish Sticks w/ Mac-n-Cheese<br>Green Beans  | 18<br>Popcorn Chicken w/ Biscuit<br>Mashed Potatoes & Gravy | 19<br>Pizza (Cheese or Pepperoni)<br>Corn<br><br><i>Meal Bonus</i>                            | 20<br>Nachos w/ Cheesy Beef Dip<br>Refried Beans w/ Cheese | 21<br>Cheesy Breadsticks<br>Peas                  |
| 24<br>Chicken Nuggets w/ Roll<br>Cheesy Potatoes  | 25<br>Teriyaki Chicken Fried Rice<br>Broccoli w/ Cheese     | 26<br>Hamburger or Cheeseburger<br>French Fries<br><br><i>Meal Bonus</i>                      | 27<br>Crispy Chicken Patty Sliders<br>Baked Beans          | 28<br>Calzone (Ham & Cheese or Pepperoni)<br>Corn |

**What makes a MEAL?**

Choose **3-5 meal components** to build a healthy, reimbursable meal for \$2.30!

**Meal Components:**

*Protein - Grain - Vegetable - Fruit - Milk*

All **entrees** include:

*Protein + Grain*

**Complete a meal with up to TWO fruit choices & TWO vegetable choices every day!**

**Daily Fruits Offered\*:**

*-At least 2 fresh options  
-Up to 1 canned option*

**Daily Veggies Offered\*:**

*-At least 2 fresh options  
-At least 1 cooked option*

\*Only entrees and one vegetable choice are listed on the menu to allow for daily staff creativity!

**Packing a lunch? Leave the sides to us!**

Skip the entree - grab a milk with up to 2 fruits and 2 veggies!

*(Paid/free/reduced meal prices apply)*

**Daily Alternate Entree Choices**



**Popcorn Chicken Salad**

*Romaine & spinach blend topped with popcorn chicken, fresh veggies, and shredded cheese*

**Yogurt Stackers Lunch Box**

*Classic cheddar cheese slices to stack on crispy pita chips + Danimals® yogurt on the side!*

**Pizza Stackers Lunch Box**

*Stack'em high with crispy pita chips, mozzarella cheese, pizza sauce, and pepperoni*

*If you like Lunchables, you'll LOVE this!*

**PB&J Sandwich**

**Ham & Cheese Sandwich**

**PRICING:**

| BREAKFAST   |        | LUNCH               |        |
|---|--------|---------------------|--------|
| Paid Meal   | \$1.60 | Paid Meal           | \$2.30 |
| Reduced Meal  | \$0.30 | Reduced Meal        | \$0.40 |
|   |        | Adult Meal          | \$3.50 |
| Breakfast served between 8:10am-8:25am in cafeteria |        | Milk (a la carte)   | \$0.60 |
|   |        | Entree (a la carte) | \$1.65 |

**PAYMENT OPTIONS:**

- Every student has a cafeteria account.
- All meals must be paid in advance in order to keep service as fast and efficient as possible.
- Payments can be made by check/cash (put in envelope with child's name clearly marked) & turned in to classroom teacher.
- Payments can also be made online for FREE at [www.EZSchoolPay.com](http://www.EZSchoolPay.com)
- Use EZSchoolPay.com to track purchase history and payment history!

**FREE water available for EVERY student**

For more information about SMSC Nutrition Services and access to additional menus, visit

[www.smcsc.com/nutrition](http://www.smcsc.com/nutrition)

*This institution is an equal opportunity provider.*