









Pendleton Heights Middle School Lunch Menu

Spring 2017-2018
Mar 26th - May 31st

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Your ticket to foods from all over the globe!	Chicken Sandwich (Regular or Spicy)	Asian Chicken Bowl (Mandarin Orange)	Hamburger/ Cheeseburger	Garlic French Bread Cheese	Chicken Tenders w/ Mac-n-Cheese
 Fast American food, always served fresh!	Spicy Cajun Chicken Pasta	Meatball Sub	BBQ Pulled Pork Sandwich	Chicken Wrap (Regular or Spicy)	Fish Sandwich
 The name says it all!	Salad Bar Turkey Sandwich Ham Sandwich Uncrustable	Salad Bar Honey Mustard Deli Wrap Turkey Ranch BLT Wrap Uncrustable	Salad Bar Turkey Sandwich Ham Sandwich Uncrustable	Salad Bar Honey Mustard Deli Wrap Turkey Ranch BLT Wrap Uncrustable	Salad Bar Turkey Sandwich Ham Sandwich Uncrustable

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Your ticket to foods from all over the globe!	Chicken Nuggets w/ Biscuit	Pizza (Cheese or Pepperoni)	Mini Corn Dogs	Chicken & Noodles w/ Roll	Cheese-Stuffed Breadsticks
 Fast American food, always served fresh!	Breaded Pork Tenderloin Sandwich	Beef & Broccoli w/ Asian Noodles	Quesadilla (Chicken or Cheese)	French Toast Sticks w/	Rotini Pasta w/ Meat Sauce
 The name says it all!	Salad Bar Turkey Sandwich Ham Sandwich Uncrustable	Salad Bar Honey Mustard Deli Wrap Turkey Ranch BLT Wrap Uncrustable	Salad Bar Turkey Sandwich Ham Sandwich Uncrustable	Salad Bar Honey Mustard Deli Wrap Turkey Ranch BLT Wrap Uncrustable	Salad Bar Turkey Sandwich Ham Sandwich Uncrustable

Explain-a-Meal Choose 3-5

-  **Protein**
-  **Grain**
-  **Fruit**
-  **Vegetable**
-  **Milk**

(1) must be a  or 

PRICE LIST			
	Paid	Reduced	Adult
Meal	\$2.30	\$.40	\$3.50
Extra Entrée	\$1.75	\$1.75	\$1.75
Extra Side	\$.75	\$.75	\$.75
Extra Bread	\$.60	\$.60	\$.60
Al a Carte Milk	\$.60	\$.60	\$.60
A la Carte Snacks	\$.50- \$1.75	\$.50- \$1.75	\$.50- \$1.75

PHMS Cafe News

In an effort to speed service, ALL accounts must be prepaid prior to lunch. Accounts can be paid online at www.EZSchoolPay.com or by cash/check and deposited into prepayment kiosk in hall outside cafeteria.

March				
M	T	W	Th	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

April				
M	T	W	Th	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

May				
M	T	W	Th	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

Breakfast available daily!
For Breakfast information including menu, times, prices, and location visit www.smcsc.com/nutrition and click on **Menus**.

This institution is an equal opportunity provider.